



2026 澳門國際美食之都 嘉年華

INTERNATIONAL CITIES OF
GASTRONOMY FEST
MACAO



NKONGSAMBA
CITY OF GASTRONOMY

Nkongsamba, Cameroon

Year of Designation: 2023



城市介紹 | INTRODUCTION OF THE CITY

Nkongsamba, the capital city of the Mungo Division, Littoral region, is an agricultural town with a surface area of 340 km², an average altitude of 900m, in 4°54' and 5°10' North latitude and 9°30' and 10°00' East longitude. The city is surrounded by Kupe Manengouba Subdivision in the North, Nlonako Subdivision in the South, Bare-Bakem Subdivision in the West and the Nkam Division in the East. Its vegetation presents three different aspects: altitude forest and gallery, an anthropogenic ecosystem surrounding the city and an urban vegetation.



城市介紹 | INTRODUCTION OF THE CITY

The city has large areas of coffee, cocoa, palm oil, banana and pepper plantations and some orchard and vegetable gardens to name a few. The abovementioned vegetation as well the diversity of crops are the bedrock of the local economy based on a government system of shareholders (family agricultural exploitation) and partnerships (with the technical and financial support of partners institutions).

Nkongsamba is cosmopolitan town with 270,480 inhabitants including the Baneka people who are autochtons and 36 other communities coming from the four cultural areas of Cameroon. All these communities live together in harmony, promoting intercultural dialogue and social cohesion. This cultural intermingling is visible though the celebration of various traditional festivals by different communities either in traditional palaces or city hall.

