



2017 澳門國際美食之都
26 澳門嘉年華
INTERNATIONAL CITIES OF
GASTRONOMY FEST
MACAO

Cocha
City of gastronomy

Cochabamba, Bolivia

Year of Designation: 2017



城市介紹 |

INTRODUCTION OF THE CITY

Cochabamba, nestled in the heart of the Bolivian Andes, is a vibrant valley city that blends natural beauty, cultural heritage, and culinary excellence. Its privileged geography offers diverse ecological zones within short distances, from the arid central valleys to the lush tropics of Chapare, making it a microcosm of Bolivia's landscapes. Visitors can explore colonial and republican architecture in the historic center, marvel at landmarks like the Cristo de la Concordia, and enjoy natural attractions such as the Tunari National Park, San Sebastián Hill, and the Alalay Lagoon. Recognized by UNESCO in 2017 as a Creative City of Gastronomy and legally declared Bolivia's Gastronomic Capital in 2011, Cochabamba is a culinary paradise. Its fertile valleys produce abundant fresh ingredients, fueling a rich food culture passed down through generations. Iconic dishes include silpancho, pique macho, chicharrón, and trancapecho, each reflecting the region's agricultural wealth and creativity. Food is deeply tied to tradition, with specific meals marking days of the week, always accompanied by the fiery llajua sauce. Cochabamba's gastronomy, combined with its cultural depth and natural diversity, positions the city as a must-visit destination in Latin America. It offers travelers not only unforgettable flavors but also a unique blend of history, tradition, and modern vibrancy.

